

PADMASAMBHAVA Yoga Class and Workshop booking form

Name _____
Address _____
County _____ PostCode _____
Tel _____ Email _____

Please book me on the following classes (tick box)

| | | |
|---|--------------------------|----------------------------|
| Beginners Course in Llandeilo | <input type="checkbox"/> | Starting on _____ At _____ |
| 1st Year Course in Llandeilo | <input type="checkbox"/> | Starting on _____ At _____ |
| 2nd Year Course in Llandeilo | <input type="checkbox"/> | Starting on _____ At _____ |
| 3rd Year Course in Llandeilo | <input type="checkbox"/> | Starting on _____ At _____ |
| Open Class in Llandeilo | <input type="checkbox"/> | Starting on _____ At _____ |
| Over 50's Course in Llandeilo | <input type="checkbox"/> | Starting on _____ At _____ |
| Gentle Yoga Course in Llandeilo | <input type="checkbox"/> | Starting on _____ At _____ |
| Restorative Yoga Course in Llandeilo | <input type="checkbox"/> | Starting on _____ At _____ |
| Meditation Course in Llandeilo | <input type="checkbox"/> | Starting on _____ At _____ |
| Ammanford Class at the Pensioners hall | <input type="checkbox"/> | Starting on _____ At _____ |
| Cwrt Henri Class at the Reading Room | <input type="checkbox"/> | Starting on _____ At _____ |
| Chair Based Yoga at Maes Elfryn Hall | <input type="checkbox"/> | Starting on _____ At _____ |

Please book me on the following workshops (tick box)

Deepening Practice 21st April onwards

I enclose payment of £_____

To place a booking please print out this form, complete & return it to:-

Padmasambhava, 66 Rhosmaen Street, Llandeilo, Carmarthenshire SA19 6EN

Please call **01558 823 842** or email mail@padma.org.uk to check availability before completing.

Please send £30 as deposit to book on classes, full payment on workshops.

Cheques made payable to **Padmasambhava** — Thank you

Your Mailing Preferences

Deliver by...

All by Email only
Brochure by Post Rest by email
Brochure by post Only

I'm interested in...

Term Brochure
Workshops
Retreats
Chanting/Kirtan