

PADMASAMBHAVA Yoga Class and Workshop booking form

Name _____
 Address _____

 County _____ PostCode _____
 Tel _____ Email _____

Please book me on the following classes (tick box)

Beginners Course in Ammanford	<input type="checkbox"/>	Starting on _____ At _____
Beginners Course in Llandeilo	<input type="checkbox"/>	Starting on _____ At _____
1st Year Course in Llandeilo	<input type="checkbox"/>	Starting on _____ At _____
2nd Year Course in Llandeilo	<input type="checkbox"/>	Starting on _____ At _____
3rd Year Course in Llandeilo	<input type="checkbox"/>	Starting on _____ At _____
Open Class (daytime) Course in Llandeilo	<input type="checkbox"/>	Starting on _____ At _____
Over 50's Course in Llandeilo	<input type="checkbox"/>	Starting on _____ At _____
Gentle Yoga Course in Llandeilo	<input type="checkbox"/>	Starting on _____ At _____
Restorative Yoga Course in Llandeilo	<input type="checkbox"/>	Starting on _____ At _____
Cwrt Henri Course in Reading Room	<input type="checkbox"/>	Starting on _____ At _____
Yoga for Elders (Chair based) Course in Llandeilo	<input type="checkbox"/>	Starting on _____ At _____
Meditation Course in Llandeilo	<input type="checkbox"/>	Starting on _____ At _____
Meditation Course in Llandeilo	<input type="checkbox"/>	Starting on _____ At _____

Please book me on the following workshops (tick box)

Spring Day of Cleansing	<input type="checkbox"/>	Sunday 17th March
Deepening Practice	<input type="checkbox"/>	Saturday 21st April - Onward

I enclose payment of £ _____

To place a booking please print out this form, complete & return it to:-

Padmasambhava, 66 Rhosmaen Street, Llandeilo, Carmarthenshire SA19 6EN

Please call **01558 823 842** or email mail@padma.org.uk to check availability before completing.

Please send £30 as deposit to book on classes, full payment on workshops.

Cheques made payable to **Padmasambhava** — Thank you

Your Mailing Preferences

Deliver by...

All by Email only	<input type="checkbox"/>
Brochure by Post Rest by email	<input type="checkbox"/>
Brochure by post Only	<input type="checkbox"/>
	<input type="checkbox"/>

I'm interested in...

Term Brochure	<input type="checkbox"/>
Workshops	<input type="checkbox"/>
Retreats	<input type="checkbox"/>
Chanting/Kirtan	<input type="checkbox"/>